

AFCCA PROUDLY PRESENTS

BREATH OF FRESH AIR

Consultant Conference 2024

SEPT
13 & 14

River Cree Resort and Casino

300 East Lapotac Blvd,
Enoch AB T7X 3Y3

[CLICK HERE TO REGISTER](#)

AFCCA Member: \$350.00

Non-Member: \$375.00

9.5 hrs PD Funding **Approved**

Etransfer: afccaab@gmail.com

Cheques Payable: AFCCA

Mail to - #906, 4747 67St

Red Deer, AB

T4N 6H3



Alberta
Family Child Care
Association

Friday, September 13

5:00 p.m. Registration

6:00 p.m. Dinner

Entertainment to follow



Join us for an evening of historic dance, singing and drumming, presented by the Red Deer Indigenous Dance Troupe.



RIVER CREE
RESORT AND CASINO

Saturday, September 14

8:00 a.m. Breakfast

9:00 a.m. Keynote

Barbara May

Stumbling Blocks: An Engaging Leader's Guide to Communication Excellence

10:15 a.m. Morning Breakout Sessions

Barbara May

Emotional Intelligence: Enhance the ability to manage emotions during difficult situations, build healthy relationships, and foster a supportive team environment where people feel understood, accepted and valued.

Kryssie Thompson

Motivation by Appreciation: At work, rest or play, people express and receive appreciation in different ways. If you try to express appreciation in ways that aren't meaningful to your friends, family or co-workers, they may not feel valued at all. This is because you and others are speaking different languages.

12:15 p.m. Lunch & Vendors

1:30 Afternoon Breakout Sessions

Tania Johson

Childhood Anxiety: Does your child or the children you work with struggle with anxiety: panic attacks, separation anxiety, stomach aches, headaches, tantrums, obsessions/compulsions, avoidance of activities, racing thoughts, or troubles with sleep? Learn about the psychological and physiological roots of anxiety, why it is on the rise in our children, and what to do to help children better manage it.

Tina Geers

Taking time to reflect: Engaging in Reflective Practices: Learning and growth happen when we reflect on our practices. Identifying our values, goals, strengths, and struggles is an integral part of our professional practices as early childhood Educators.

3:30 p.m. Closing Remarks & Door Prizes